

Kursplan

01.03.2021 - 07.03.2021

FT-CLUB Fulda
 Turmstraße 24
 36093 Künzell
 0661 93360722
 info@ft-club-fulda.de



Montag 01.03.2021	Dienstag 02.03.2021	Mittwoch 03.03.2021	Donnerstag 04.03.2021	Freitag 05.03.2021	Samstag 06.03.2021	Sonntag 07.03.2021
<p>16:00 - 16:45 PopUp Gym</p>	<p>10:45 - 11:30 PopUp Gym</p> <p>16:45 - 17:30 PopUp Gym</p>	<p>10:00 - 10:45 PopUp Gym</p> <p>15:00 - 15:45 PopUp Gym</p> <p>16:30 - 17:15 PopUp Gym</p>	<p>10:45 - 11:30 PopUp Gym</p> <p>15:30 - 16:15 PopUp Gym</p>	<p>11:00 - 11:45 PopUp Gym</p> <p>15:00 - 15:45 PopUp Gym</p> <p>16:00 - 16:45 PopUp Gym</p>	<p>09:30 - 10:15 PopUp Gym</p> <p>11:00 - 11:45 PopUp Gym</p>	

- BURN
- Community
- FT Mami
- FT-KIDS
- Kettlebell
- Laufen
- MOBILITY
- MOVEMENT
- Nordic Walking
- OpenGym
- STRENGTH
- Starter Workout

Stand: 01.03.2021