

Kursplan

10.12.2018 - 16.12.2018

FT-CLUB Fulda
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Montag 10.12.2018	Dienstag 11.12.2018	Mittwoch 12.12.2018	Donnerstag 13.12.2018	Freitag 14.12.2018	Samstag 15.12.2018	Sonntag 16.12.2018
<p>09:30 - 10:30 Movement Ivonne</p> <p>18:30 - 19:30 Strength Ivonne</p> <p>20:00 - 21:00 Movement Bernd</p>	<p>09:30 - 10:15 FT Mami Ayse</p> <p>17:30 - 18:30 Movement Ivonne</p>	<p>17:30 - 18:30 Mobility Ivonne</p> <p>19:00 - 20:00 Movement Ivonne</p>	<p>09:30 - 10:30 Movement Ivonne</p> <p>17:30 - 18:30 Strength Bernd</p>	<p>09:30 - 10:15 FT Mami Ayse</p> <p>17:30 - 18:30 Mobility Ivonne</p>		<p>10:00 - 11:00 Sunday Special - Pi... Patricia</p>

-  BURN
-  Community
-  FT MamiFit
-  MOBILITY
-  MOVEMENT
-  STRENGTH
-  Starter Workout
-  Sunday Special -...

Stand: 16.12.2018